



Field Notes

Translating Research into Practice

January 2021

Physical Fitness

[Effect of Exergaming on Physical Fitness, Functional Mobility, and Cognitive Functioning in Adults With Down Syndrome](#)

An article in the January 2021 issue of *American Journal on Intellectual and Developmental Disabilities* by authors affiliated with Université Paris-Saclay CIAMS, Université de Paris, and Institut Le Jeune discusses a study examining whether exergames could improve physical, functional, and cognitive functions in people with Down syndrome. (abstract free of cost, full text access available with a fee)

[Improvements in Biometric Health Measures Among Individuals With Intellectual Disabilities: A Controlled Evaluation of the Fit 5 Program](#)

An article in the January 2021 issue of *Disability and Health Journal* by authors affiliated with University of Wisconsin-Whitewater and Special Olympics Wisconsin reports on an evaluation of the Special Olympics health program, Fit 5, to assess effectiveness in improving health measures for individuals with intellectual disability. (abstract free of cost, full text access available with a fee)

COVID-19

[Community Supports and COVID-19: Self-Determination in a Pandemic](#)

An article in the December 2020 issue of *Intellectual and Developmental Disabilities* by authors affiliated with Jewish Foundation for Group Homes discusses practical issues that community-based provider organizations must consider when striking the correct balance between the health and safety of people they support and actions that honor people's choices, and provides recommendations on ways to support people with IDD to make informed, self-determined choices during the pandemic. (abstract free of cost, full text access available with a fee)

['It's Been Adapted Rather Than Impacted': A Qualitative Evaluation of the Impact of COVID-19 Restrictions on the Positive Behavioural Support of People With an Intellectual Disability and/or Autism](#)

An article in the January 2021 issue of *Journal of Applied Research in Intellectual Disabilities* by authors affiliated with Northumbria University reports on a study using a qualitative approach to explore the experiences of social care staff regarding the provision of positive behavioral support (PBS) to people

with an intellectual disability at the height of the COVID-19 restrictions. (full text access available with a fee).

Employment

[**A Systematic Literature Review of Interventions to Improve Work-Related Social Skills of Individuals With Autism Spectrum Disorder**](#)

An article in the December 2020 issue of *Inclusion* by authors affiliated with Washington State University and Virginia Commonwealth University reports on a literature review of interventions targeting improvement in work-related social skills of people with ASD. (abstract free of cost, full text access available with a fee)

[**Critical Reflections on Employment Among Autistic Adults**](#)

An article in the December 2020 issue of *Autism in Adulthood* by authors affiliated with University of Calgary and HEC Montréal provides perspective on the important work of studying and building employment opportunities for adults on the autism spectrum, while also offering critical reflections for consideration as the field of employment in autism advances. (abstract free of cost, full text access available with a fee)

Social Media

[**Disability and Dating: Exploring the Twittersphere**](#)

An article in the December issue of *Inclusion* by authors affiliated with Florida Atlantic University discusses a content analysis of tweets used to better understand how dating for people with intellectual and developmental disabilities might be described and explained on social media. (abstract free of cost, full text access available with a fee)

[**E-Government and Social Media: The Impact on Accessibility**](#)

An article in the December 2020 issue of *Journal of Disability Policy Studies* by an author affiliated with Florida Institute of Technology discusses an overview of the current state of affairs for Section 508, the implications it has for social media, and a study to evaluate the potential impact it has on all users. (abstract free of cost, full text access available with a fee)

