



American Association  
on Intellectual and  
Developmental Disabilities

February 11 & 12,  
2016

## Opportunity Through Change...Making the Best of Life's Challenges



**REAL**  
**CHANGE**  
ISSUES • INSIGHT • IMPACT

Annual Conference of the  
American Association of  
Intellectual and Developmental  
Disabilities Wisconsin Chapter  
located at:

Glacier Canyon Conference  
Center at Wilderness Resort,  
Wisconsin Dells

## Schedule of Events:

### Thursday, February 11, 2016

- 10:00 – 11:30 a.m. AAIDD WI Annual Meeting (Tundra A)
- 12:30 – 1:00 p.m. Registration (Room: Sandstone Corridor)
- 1:00 – 4:00 p.m. Afternoon Intensive Session (Room: Sandstone 2)

Session Presenter: John Agosta, Ph.D.

Session Overview: In the past year, Dr. Agosta has been a consultant to Milwaukee County in the development of a blueprint in improving services for people with intellectual and developmental disabilities. Through this work he has gained insight regarding the system of care throughout Wisconsin, which he will share as part of his presentation. HSRI consults in many states and within states that are going through similar changes to their systems that Wisconsin is going through. Dr. Agosta will offer a national perspective compared to what is happening with Wisconsin.

- 4:00 – 6:00 p.m. Reception (Room: Wilderness 36)

### Friday, February 12, 2016

- 7:45 – 8:15 a.m. Registration (Room: Sandstone Corridor)
- 8:15 – 8:30 a.m. Welcome and Opening Remarks (Room: Sandstone 2)
- 8:30 – 10:00 a.m. Keynote Session

Keynote Session Presenter: Karyn Harvey, Ph.D.

Session Overview: This talk will focus on the immense power in the hands of staff when interacting with individuals. We have the power to encourage or discourage. We have the power to uplift or undermine. We have the power to motivate or deflate, all through the words we use. How to be aware of this power and use it as positively as possible will be the topic of our discussion.

- 10:00 – 10:15 a.m. Break
- 10:15 – 11:45 a.m. Breakout 1

The Next Transformation of Wisconsin's Long Term Care: Presented by Forbes McIntosh, President of Government Policy Solutions, LLC

Session A, Room: Sandstone 4

Session overview: Family Care / IRIS 2.0. Mr. McIntosh will provide an overview and explain the changes we know and what has yet to be decided in this next reformation. Further, he will explain the federal Medicaid Waiver application process the state will submit to for Family Care / IRIS 2.0 and what providers should expect and do in the coming months.

Employment: Presented by Laura Owens, Ph.D., CESP

**Session B, Room: Sandstone 5**

Session overview: On the heels of the 25<sup>th</sup> anniversary of the ADA; the 40<sup>th</sup> anniversary of the IDEA and the signing of the Workforce Innovation Opportunity Act; Employment first efforts are well underway around the country. We have turned the corner in our country where integrated employment is an expectation, not a choice for individuals of working age. So what does this mean moving forward? What can we do to ensure that these efforts get us closer to making a dent in the lack of labor force participation by individuals with disabilities? Educators, policy makers, service providers, state agencies, families and self-advocates each has a role to play in creating the desired change. This presentation will provide participants with a national perspective and address strategies to cultivate the next generation of employment practices for individuals with disabilities.

SIS: Presented by Kathy Varner, SIS Consultant AAIDD National

**Session C, Room: Sandstone 6**

Session overview: The Supports Intensity Scale is a direct, reliable and valid measurement of supports requirements in 57 life activities for the individuals we support. It ranks support needs in 15 medical and 13 behavioral areas and presents a percentile ranking of the person's needs based on national field test data. The SIS provides solid knowledge of the person's needs, preferences and goals for life.

**11:45 – 12:45 p.m.    Lunch**

**12:45 – 2:15 p.m.    Breakout 2**

The Impact of Change: Presented by Linda Draayers, Trainer / Program Director

**Session A, Room: Sandstone 4**

Session overview: Why do we fear change so much? Have we been taught to fear it or is it something innate within us? In this seminar we will explore barriers to successful change, the impact of change on our mental and physical health, how change impacts individuals with disabilities specifically, and strategies to effectively navigate through change for all attending and those they serve.

Trauma Informed Behavioral Interventions: Presented by Karyn Harvey, Ph.D.

**Session B, Room: Sandstone 5**

Session overview: This talk will address the sources of trauma in the lives of individuals with intellectual and developmental disabilities and the effects of that trauma. It will then address the ways in which people recover and the critical role that staff plays in that recovery.

The Community Consultation Team: Presented by Gary Stark, Ph.D.

**Session C, Room: Sandstone 6**

Session overview: An overview will be provided of Milwaukee County's Community Consultation Team (CCT) and its services to support adults with intellectual or other developmental disabilities who display challenging behaviors in the community. These services include clinical consultations, staff training, and crisis intervention. Behavioral and risk assessments will be reviewed, an educational curriculum will be outlined, and issues that may arise in supporting individuals, families, providers, managed care staff, and law enforcement will be considered.

**2:15 – 2:30 p.m.      Break**

**2:30 – 4:00 p.m.      Breakout 3**

Benevolent Touch: Presented by LeAnn Reichertz, Day Program Director

**Session A, Room: Sandstone 4**

Session overview: The primary goal of the benevolent touch program is to promote the benefit of a positive and nurturing touch through education of caregivers, therapists and health care professionals. Participants will learn the basic benevolent touch massage techniques by observation and by practicing the techniques in class. Techniques to be taught will include stroking, back massage, hand and arm massage, and neck and shoulder massage.

Trauma Informed Behavioral Interventions: Presented by Karyn Harvey, Ph.D.

**Session B, Room: Sandstone 5**

Session overview: This session will be a continuation of the previous session talking about trauma and its affect on individuals with intellectual and developmental disabilities.

Sex is an Independent Living Skill: Presented by Allie Kriofske Mainella, MAPS

**Session C, Room: Sandstone 6**

Session overview: People with disabilities are often left out of conversations about sexuality or denied access to sexuality education programs. This session will give participants the opportunity to talk about sexuality and disability and learn why it is so important to include people with disabilities in sexuality education. Participants will leave this session with ideas for making sex education accessible, ways to reach people with a variety of disabilities, and concrete activities and adaptations that can be made for any program. Sex is an independent living skill! Come find out why and how.

**4:00 p.m.      Conference Conclusion / Conference certificates available Sandstone Corridor**

### Hotel Accommodations

Wilderness Resort Address: 45 Hillman Road, Wisconsin Dells, WI 53965

Phone: 608-254-1020

Thursday Room Rate: Single State Rate \$82 (state rate for those eligible for it, must ask)

\$99 plus tax otherwise for Single, Double, Triple or Quad room

Thursday Double, Triple or Quad room: \$99 plus tax

Friday Rates: Single, Double, Triple or Quad room: \$129.99 plus tax

To make room reservations call: 1-800-867-9453 and state you are with the AAIDD Winter Conference at Glacier Canyon Lodge (Reservation #515982)

### Conference Fees

February 11: \$75 (Free to AAIDD Members)

February 12: \$75

Both Days: \$130

Student Fee: \$50 for either day, \$90 for both (please provide copy of student I.D. with registration)

Please make checks payable to AAIDD-WI and send to:

Options for Community Growth, Inc.

11823 W. Janesville Rd.

Hales Corners, WI 53130

Att: Linda Draayers

Or register and pay online at: [www.aaidwi.org](http://www.aaidwi.org) and click on upcoming events and then click register

Registration Deadline: February 1, 2016

### Registration Form: (Please print and submit with payment)

Name: (please print) \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

For further information on this conference or special accommodations please contact Linda Draayers at 414-433-1210 ext. 101 or Dan Drury at 414-433-1210 ext. 104.